

PILSEN ATHLETIC LEAGUE SAFETY PLAN

GOALS:

- ✓ Safety for our league's players, coaches, volunteers, and spectators
- ✓ Comply with League standards and guidelines
- ✓ Awareness for ALL coaches on safety procedures
- ✓ Special focus for all new coaches to our league regarding safety procedures
- ✓ Ensure all coaches have first aid kits with them during all practices and games
- ✓ Publish and distribute the safety manual to coaches and umpires
- ✓ Equipment: Equipment manager is required to perform a quality inspection on all equipment prior to the season. Umpires will perform a quality inspection prior to each game. Any equipment deemed unsafe and not meeting Little League criteria will be removed from the equipment inventory until necessary repairs are made.

EMERGENCY ACTION PLAN

In the event of a circumstance that warrants one of the numbers to be called, please contact in the following order:

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1. Emergency number
 2. Parent(s) of the player(s) involved
 3. Safety Officer (Safety Officer will contact League President)
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EMERGENCY PHONE NUMBERS

POLICE 911

FIRE & RESCUE 911

POISON CONTROL 1-800-222-1222

LEAGUE SAFETY OFFICER, Armando Salgado 312-420-7384

LEAGUE PRESIDENT, Rob Richter 312-519-7550

ALL COACHES CONDUCTING A PRACTICE, OR A GAME, MUST HAVE A WORKING CELL PHONE ON THEIR BODY.

IN THE CASE OF AN ACTIVE SHOOTER

Yell out if necessary for everyone to get down. Make sure you have all children and spectators get down and stay down until an adult can confirm it is safe to get up.

Follow the Emergency Action Plan. Call Police. Contact Safety Officer.

VOLUNTEER APPLICATION

Require volunteers to complete and submit the Pilsen Athletic League Volunteer Application.

- ✓ PAL will require managers, coaches, board members, umpires and any other persons who provide regular service to the league and/or have repetitive access to or contact with players to complete the volunteer application form, as well as provide a government-issued photo identification card for ID verification. League will check name spellings and numbers for accuracy.
- ✓ PAL will deny volunteer eligibility to anyone refusing to fill out a volunteer application.
- ✓ PAL will conduct a nationwide background check for sex offender registry data and other criminal records for each volunteer.

CHECK FIELD CONDITIONS

- ✓ Require field inspections before games and practices.
 - ✓ Require coaches/umpires to walk fields for hazards before practices and games.
 - ✓ Use common sense: look for glass, rocks, holes, etc.
 - ✓ Track and document any facility issues needing to be repaired.
 - ✓ PAL will comply with the above safety requirements by:
 - ✓ Both coaches and umpire will be required to walk fields for hazards before practices and games.
- Refer to the "Hey Coach Have You:" Checklist below.



HAVE YOU:

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- ✓ **Walked field for debris/foreign objects**
 - ✓ **Inspected helmets, bats, catchers' gear**
 - ✓ **Made sure a First Aid kit is available**
 - ✓ **Checked conditions of fences, backstops, bases and warning track**
 - ✓ **Made sure a working telephone is available**
 - ✓ **Held a warm-up drill**

EQUIPMENT CHECK

- ✓ Regularly inspect and replace equipment as needed
- ✓ Inspect equipment before each use by coaches/managers.
- ✓ Destroy broken equipment to prevent future use.
- ✓ Recommend use form to track equipment needs.

PAL will comply with the above safety requirements by:

- ✓ The League Safety Officer and Equipment Manager will inspect all equipment in the pre-season.
- ✓ PAL will use online shared google sheet to track equipment needs among Board Directors and Equipment Manager.
- ✓ PAL Coaches have been advised to contact Safety Officer or Equipment Manager as needed for replacement equipment.
- ✓ PALs Storage Boxes contain additional first aid kits, ice packs and additional equipment for easy replacement access.
- ✓ PAL Managers/Coaches/Umpires will inspect equipment prior to each game.
- ✓ PAL's Equipment Checklist, provided below, will be reviewed with all Coaches, Safety Officer and Equipment Manager.

ACCIDENT REPORTING

- ✓ Implement prompt accident reporting and tracking procedure.
- ✓ Require Accident Forms be turned into Safety Officer within 24-48 hours.

PAL will comply with the above safety requirements by:

- ✓ The PAL Safety Officer has provided training to all Coaches and Board Members on league expectations surrounding accident reporting.
- ✓ PAL Coaches have been advised to contact Safety Officer within 24-48 of any accident, to file the appropriate Incident Injury Tracking Form and Accident Claim Form, if applicable.
- ✓ Safety Officer will track near-misses as a proactive tool to evaluate practices and avoid future injuries.

FIRST-AID KITS

Require a first-aid kit at each game and practice.

- ✓ PAL Safety Officer and Equipment Manager have provided each team with first-aid kit at the start of the season.
- ✓ Additional first aid kits and ice packs are stored in storage boxes on league fields.
- ✓ PAL Managers/Coaches will inspect first aid kits prior to each game and practice and request replacement of items as needed.

ENFORCE LITTLE LEAGUE RULES

- ✓ Enforce Little League rules including proper equipment.
- ✓ Most Little League rules have a basis in safety – follow them.
- ✓ Ensure players always have required equipment including catchers warming up on the field.
- ✓ Coaches and Managers should enforce rules at practices as well as games.
- ✓ Make sure all fields have bases that dis-engage their anchor as required by League rules.

PAL will comply with the above safety requirements by:

- ✓ All PAL Board Members, Coaches, and Volunteers will review ‘Coaches Code of Conduct,’ ‘Safety Plans,’ and ‘Youth Protection prior to the start of the season.
- ✓ League Officers will inspect compliance throughout the season.
- ✓ League President will handle disciplinary measures up to and including banishment from the league.
- ✓ All Board Members, Coaches, and Volunteers will review online resources prior to start of the season for all player rules surrounding player safety.

INCLIMATE WEATHER

- ✓ Track approaching storms the best way possible” internet radar sites, dedicated storm warning systems at field, or other storm warnings.
- ✓ Evacuate field when storms are about ten miles away: Have players and spectators go to enclosed building or to cars.
- ✓ Clean fields immediately after thunder has been heard or lightning seen.

Please wait 30 minutes before returning to play after last sign of lighting activity in your area.

Cars shouldn’t leave until game is called, so all players can be accounted for.

WARM UPS

Please ensure that all players arrive no later than 15 minutes before a game to allow proper warm up time.